

Training Guide Concept2

Indoor rower

Machine

Beginners Guide". LIT Method. Retrieved 15 September 2022. "2021 WORLD ROWING INDOOR CHAMPIONSHIPS, PRESENTED BY CONCEPT2 COMPETITION SCHEDULE" - An indoor rower, or rowing machine, is a machine used to simulate the action of watercraft rowing for the purpose of exercise or training for rowing. Modern indoor rowers are known as ergometers (colloquially erg or ergo) because they measure work performed by the rower (that can be measured in ergs). Indoor rowing has become established as a sport, drawing a competitive environment from around the world. The term "indoor rower" also refers to a participant in this sport.

NordicTrack

C1650 (2016) Similar manufacturers of exercise equipment: BowFlex, Inc. Concept2 Johnson Health Tech Peloton Interactive "History of NordicTrack - FundingUniverse"

NordicTrack is an American company that manufactures treadmills, ellipticals, exercise bikes, rowers, strength training equipment, and accessories. It is best known for its incline trainer treadmills. The brand started with Nordic ski machines. NordicTrack is owned by iFIT Inc., which was known as ICON Health & Fitness until it rebranded in 2021 to reflect its focus on interactive training technology. It is headquartered in Logan, Utah. The company has been manufacturing exercise equipment since 1975.

Hyrox

Everybody". Concept2. Retrieved 2024-02-21. "The History | HYROX". 2023-04-26. Retrieved 2024-02-20. Williams, Greg (2022-04-04). "A Beginner's Guide to HYROX"

HYROX is an indoor fitness competition that combines 8 kilometres (5.0 mi) of running and 8 functional workout stations, alternating between running and functional exercises. It bills itself as "The World Series of Fitness Racing" and "A Sport for Everybody".

A HYROX competition is made up of a 1-kilometre (0.62 mi) run followed by a functional exercise station that is repeated eight times for the eight different workout stations. The events are standardized across all locations, allowing athletes to compare results globally.

HYROX was launched by Christian Toetzke and Moritz Fürste. The first HYROX event was held in Hamburg, Germany in April 2018.

Peloton Interactive

discontinued. Similar manufacturers of exercise equipment: BowFlex, Inc. Concept2 Johnson Health Tech NordicTrack "Peloton Interactive, Inc. FY 2025 Annual

Peloton Interactive, Inc. is an American exercise equipment and media company based in New York City. The company's products include stationary bicycles, treadmills, and indoor rowers equipped with Internet-connected touch screens that stream live and on-demand fitness classes through a subscription service. The

equipment includes built-in sensors that track metrics such as power output, providing users with real-time feedback on their performance and leaderboard rankings to compete with other users.

Peloton charges a US\$44 monthly membership fee to access classes and additional features on their exercise equipment, or \$12.99 for users only accessing the content via app or website.

Glossary of rowing terms

Two are required to hold a boat. Smoothie A blade design developed by Concept2 in which the face of the oar blade is smooth, without the traditional central

In competitive rowing, the following specialized terms are important in the corresponding aspects of the sport:

Wikipedia:Articles for deletion/List of world records in indoor rowing

authoritative source for this information; the listing maintained by Concept2 at <https://www.concept2.co.uk/indoor-rowers/racing/records/world>. This list is just

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The result was delete. Sandstein 10:46, 4 May 2019 (UTC)[reply]

Wikipedia:Articles for deletion/Log/2019 April 27

authoritative source for this information; the listing maintained by Concept2 at <https://www.concept2.co.uk/indoor-rowers/racing/records/world>. This list is just

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Wikipedia:Userboxes/Sports/02

Wikitext userbox where used {{User Con2}} C2 This user rows on a Concept2 rowing machine. linked pages {{User Rowm}} This user rows on a rowing machine

This gallery includes userbox templates for sports series A through F.

You may place any of these userboxes on your user page. Some of these templates have multiple options, so visit the template for further information.

Wikipedia:Historical archive/Logs/Upload log/November 2004 (3)

({{screenshot}}) 13:15, 16 Nov 2004 Johnteslade uploaded "Concept2 Indoor Rowers.JPG" (A row of [[Concept2]] [[Indoor rower]]s. Photo taken by [[User:Johnteslade]])

23:54, 21 Nov 2004 Neckro uploaded "TheProcessAlbumCover.jpg" (Skinny Puppy - "The Process" album cover {{msg:fairuse}})

23:54, 21 Nov 2004 Spoon! uploaded "FlemingHovse.gif" (Fleming Hovse)

23:53, 21 Nov 2004 Spoon! uploaded "RickettsHovse.jpg" (Ricketts Hovse)

23:51, 21 Nov 2004 DCEdwards1966 uploaded "Aerosmith_-_Aerosmith.jpg" (Cover for album "[[Aerosmith (album)|Aerosmith]])" by [[Aerosmith]]. {{albumcover}})

23:42, 21 Nov 2004 Mark T uploaded "Magic_of_scheherazade_adventure.gif" (Magic of Scheherazade screenshot, from MobyGames)

23:41, 21 Nov 2004 Patrick0Moran uploaded "Skin_shade_map.gif" (Revised version of file by the same name.)

23:41, 21 Nov 2004 BigCat uploaded "PapiNeg.JPG" (approved by author)

23:39, 21 Nov 2004 RedWolf uploaded "ACDC_Powerage.jpg" ([[AC/DC]] - "[[Powerage...]

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