

Frank Fighting Back

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Let Me Be Frank

Let Me Be Frank is the new book from one of the world's sporting greats. In this deeply personal story, Bruno shares his battle with mental illness, his time inside a mental facility, the impact his illness has had on his family and his career--and his long road back to stability. Now ready to talk about the condition that devastated his world--Frank's story offers his own unique perspective on living with bipolar disorder. His fears, his triumphs and the great affection he feels for the legion of fans he has to this day. His aim is to give others hope and inspiration. \"Depression comes from nowhere. From the shadows. How can you defend yourself from a punch you can't see?\" --Frank Bruno

Arnhem the Fight to Sustain

On the ground the airborne logisticians at the battle of Arnhem fought to the bitter end, indistinguishable from their paratroop comrades. In the air, their deeds and

sacrifice were shining examples of duty done under the most desperate circumstances. Witness the account of Flight Lieutenant H J King, navigator of Dakota KG 374 of 271 squadron RAF, Down Ampney: These men were not volunteers like aircrew. They received no flying pay, yet were, without doubt, superb in their fulfilment of duty even though KG 374 was burning for the whole period over the dropping zone. Arnhem—The Fight To Sustain tells the stirring story of the men and the methods employed in sustaining 1st Airborne Division. It is the first account of forming corps of today's Royal Logistic Corps in action together. Following extensive research the story draws heavily on contemporary documents and eyewitness accounts and is lavishly illustrated.

Fighting Back

A Polish Jew relates his experiences as a fighter in a successful Jewish resistance group during World War II

Rather Die Fighting

Frank Blaichman was sixteen years old when the war broke out. In 1942, the killings began in Poland. With his family and friends decimated by the roundups, Blaichman decided that he would rather die fighting; he set off for the forest to find the underground bunkers of Jews who had already escaped. Together they formed a partisan force dedicated to fighting the Germans. This is a harrowing, utterly moving memoir of a young Polish Jew who chose not to go quietly and defied the mighty German war machine during World War II.

Bring 'em Back Alive

The intrepid Texas jungle adventurer Frank Buck spent his life capturing alive every kind of animal, and enthralled generations of readers with the stories of danger and daring collected here.

Fighting Back

This newly updated book is a response to the oft-perpetrated myths of British Jewry's lack of fighting spirit and its failure to participate in the Second World War. British Jewry has never formed more than about one half of 1% of the population, yet the figures show that their contribution to the armed forces has always been out of proportion to their numbers. Fighting Back provides insight into the Anglo-Jewish contribution to the Allied victories over the Nazi and Japanese threats. The book highlights the role of the Jews in the Spanish Civil War and the Korean War. Its wide-ranging approach to the contributions that Jews made looks at, among other things: the paratroopers at the Battle of Arnhem; the much neglected and almost forgotten Auxiliary Services of Civil Defense; the Jews at Bletchley Park; and the Jewish-Palestinian volunteers from Israel. Anglo-Jewry, together with Jews from Israel, may thus be deeply and justly proud of this history of fighting back, fighting for democracy, and fighting for peace. [Subject: Jewish Studies, Military History, World War II]

I Can't Tell You

While fighting with his best friend and college roommate over a girl, Jake says something he regrets, then begins communicating only through notes and letters, but when he wants to tell the girl how he really feels about her, his silence and penchant

for puns get in the way.

Fighting Back

Chris Nilan, who grew up in the tough and gritty Irish enclave in Boston, was a feared enforcer for the Montreal Canadiens, the Boston Bruins, and the New York Rangers and a Stanley Cup champion never afraid to go into the corners or take off his gloves. He was a valued teammate whose very presence on the ice affected the way the game was played. As an enforcer and as a teammate, Nilan ranks among the greatest of all time; when the cheering stopped, however, Chris Nilan did not do well. The same qualities—his aggressiveness and high-emotion style—that proved so valuable on the ice did not serve him well when his career ended. Nilan turned to drugs and alcohol to dull his pain and nearly died from an overdose. His story is a fascinating and troubling exposé of the booze, bills, and drugs that destroy so many athletes after their careers are over. But it's also a story of triumph, as Nilan has been the victor in his fight against his demons.

Dark Trade

WINNER OF THE 1996 WILLIAM HILL SPORTS BOOK OF THE YEAR PRIZE. In the early 1990s, Donald McRae set out to discover the truth about the intense and forbidding world of professional boxing. Travelling around the States and Britain, he was welcomed into the inner sanctums of some of the greatest fighters of the period - men such as Mike Tyson, Chris Eubank, Oscar de la Hoya, Frank Bruno, Evander Holyfield and Naseem Hamed among them. They opened up to him, revealing unforgettable personal stories from both inside and outside the ring, and explaining why it is that some are driven to compete in this most brutal of sports, risking their health and even their lives. The result is a classic account of boxing that remains as fresh and entertaining as when it was first published almost 20 years ago. McRae approaches his subjects with wit, compassion and insight, and the result was a book that was a deserved winner of the William Hill Sports Book of the Year prize.

Fighting Back

When he outpointed Wladimir Klitschko, Tyson Fury sat on top of the world. But "The Gypsy King" soon discovered that being heavyweight champion wasn't all he had imagined. His own demons would prove harder to conquer than Klitschko. In the following months, Tyson drank and ate to excess, took drugs and contemplated suicide. He seemed destined for an early grave. But, with the help of his family, Fury dealt with his issues and launched a boxing comeback--after shedding an incredible 140 pounds! Fury eased back with a couple of straightforward wins. Then, in what appeared a foolhardy, if very brave, move, he challenged unbeaten KO specialist Deontay Wilder for the WBC heavyweight championship in Los Angeles. The humor-laden, heart-wrenching, inspirational story of a boxer who conquered the world, lost everything--and then got it back.

The Campaign in Burma

Rachel's story is a tale of triumph over adversity. Remarkably, she finds a way to make peace with the terrible traumas of her past, and then she finds love... a love she once believed was lost to her forever.

Finding Frank

Are you tired of being harassed at school or on the streets by other kids? The pressure of seeing your bully makes you nervous and makes you want to skip school classes? Are you afraid of walking alone from home to school or from school to home because of the bullying? Well, my friend, it's time to fight back, and I will teach you how! This book is exactly what you need. Let's bond together and let me teach you in this book how to fight back bullying. No more aggression, no more intimidation and no more fear from your bullies. Boys or girls, you will learn how to keep yourself calm and focused and deal with this experience when in the middle of the action and when healing from this issue. This book comes with useful practical steps against bullying, preparing you mentally and physically against the toughness of this phenomenon. By the end of it, you will understand various situations and you will be prepared for the time to come.

5 Reasons you should order this book against bullying:

1. It is easy to read and will teach you practical solutions
2. You will learn how to defend yourself properly against the bullying phenomenon
3. You will be more prepared physical and mentally
4. Bullying will never be a problem for you anymore
5. You will gain confidence and respect for yourself

Order now and fight back the bullying because you are a brave and smart person and you deserve the best!

Time to Fight Back Bullying

Never before has the call for good governance been greater. The Arab Spring in early 2011 has inspired people all over the world to fight to end the abuse of power by politicians and civic officials and create more transparent, accountable, and honest governments. In *Waging War on Corruption: Inside the Movement Fighting the Abuse of Power*, Frank Vogl, one of the leaders of the worldwide anticorruption movement, shares a history filled with stories of heroes and victims of corruption. He chronicles the successful campaigns by enormously courageous civil society activists, journalists, and public prosecutors and explains the crucial challenges that now must be confronted. At stake is nothing less than our global security, the reduction of poverty, the stability of our economic and financial systems, and the cause of freedom and democracy. *Waging War on Corruption* will be of interest to readers of politics and government, business, human rights, and law.

Waging War on Corruption

****WINNER of the 2014-2015 Waverton Good Read Award**** If I Should Die is the astounding debut from British author Matthew Frank. ----- When a homeless man walks into Greenwich police station and confesses a killing, it should be the admission that cracks open a murder enquiry. Instead, he stumbles out on to the street and collapses, bleeding from a stab wound he's attempted to repair himself . . . The newest member of the Met's murder investigation team, twenty-five year-old Afghan veteran Joseph Stark, doesn't believe the man's story. Yet it becomes clear that Stark and the down-and-out share a connection. And that this could provide the key to unlocking the case. Soon, the young detective and his colleagues are drawn deeper into a dark, disturbing world as dangerous as anything Stark has known on the frontline. And where there's enough at stake for a man to risk everything . . . If I Should Die is the first title in a new crime series, and outstanding characterization, pitch perfect dialogue and precision plotting mark out Matthew Frank as a debut writer to watch. With the introduction of series character and ex-soldier police detective Joseph Stark, fans of Ian Rankin's Rebus novels will be hooked from the word go. Praise for If I Should Die: 'Skillfully plotted, with a great clarity of style . . . such an original newcomer' Alison Joseph, Chair of the Crime Writer's Association 'A gripping murder story ... Frank brilliantly maintains a balance between the demands of a complex plot and his character's difficulty in returning to civilian life ... an accomplished first novel'

Sunday Times 'Well researched and totally convincing, this is the first of several Stark books. Great news if they're as good as this' Sunday Mirror 'A powerful debut ... intensity, outstanding characterisation, passion, perfect dialogue and pinpoint plotting' Crime Review

If I Should Die

Now a CW Original Series The Der Spiegel number #1 blockbuster bestseller about an intelligent life force that takes over the oceans and exacts revenge on mankind! Whales begin sinking ships. Toxic eyeless crabs poison Long Island's water supply. Around the world, countries are beginning to feel the effects of the ocean's revenge. In this riveting novel, full of twists, turns, and cliffhangers, a team of scientists discovers a strange, intelligent life force called the Yrr that takes form in marine animals in order to wreak havoc on man for his abuses. The Day After Tomorrow meets The Abyss in his gripping, scientifically realist, utterly imaginative thriller. With the compellingly creepy and vivid skill of this author to evoke story, character, and place, Frank Schatzing's book are certain to find a home with fans of Michael Crichton.

The Swarm

Fighting Back is the story of a different kind of boxing superstar - a hero for winning his battles outside as well as inside the ring. When he outpointed Wladimir Klitschko, on one of the greatest nights in British boxing history, Tyson Fury sat on top of the world. But 'The Gypsy King' soon discovered that being heavyweight champion wasn't all he had imagined. His own demons would prove harder to conquer than Klitschko. In the following months, Tyson drank and ate to excess, took drugs and contemplated suicide. He seemed destined for an early grave. But, with the help of his family, Fury dealt with his issues and launched a boxing comeback - after shedding an incredible ten stones in weight! Fury eased back with a couple of straightforward wins. Then, in what appeared a foolhardy, if very brave, move, he challenged unbeaten KO specialist Deontay Wilder for the WBC heavyweight championship in Los Angeles. The humour-laden, heart-wrenching, inspirational story of a boxer who conquered the world, lost everything - and then got it back.

Fighting Back

Stories have always had the power to move, but it has only recently become clear that purposeful stories - those created with a specific mission in mind - are essential in persuading others to support a vision or cause. For Peter Guber, what began as a knack for telling stories as one of the world's leading entertainment executives has evolved into a set of principles that anyone can use to achieve their goals - whatever you do in life, you need to be able to tell a good story. In Tell to Win Guber explains how to move beyond PowerPoint slides and spreadsheets to create purposeful stories that can serve as powerful calls to action. He reveals the best way to get noticed, how to turn passive listeners into active participants, and how technology can be used to ensure audience commitment. Featuring wisdom from Guber's meetings with (and lessons from) everyone from Nelson Mandela to YouTube founder Chad Hurley, and Muhammed Ali to Steven Spielberg (who he tutored in making films), Tell to Win entertainingly shows how to craft, deliver and own a story that is capable of turning others into viral advocates for your goal.

Tell to Win

This book is about the historic relationship between two great revolutionary struggles: the struggle for Black Liberation and the struggle for socialism in the United States. Published by Freedom Road Socialist Organization - frso.org. About the Author: Frank Chapman is a community organizer, Executive Director of the National Alliance Against Racist and Political Repression, Field Organizer of the Chicago Alliance Against Political Repression, and part of the Central Committee of Freedom Road Socialist Organization. He is also a published writer, with articles on Truthout and Freedomways. In 2019, Frank published his first book, a memoir entitled *The Damned Don't Cry: Pages from the Life of a Black Prisoner and Organizer*.

Marxist-Leninist Perspectives on Black Liberation and Socialism

"In these tales the reader can observe Anne's writing prowess grow from that of a young girl's into the observations of a perceptive, edgy, witty and compassionate woman"--Jacket flaps.

Anne Frank's Tales from the Secret Annexe

The raw and as-insane-as-anticipated first novel from Frank Bill, author of *Crimes in Southern Indiana* The Donnybrook is a three-day bare-knuckle tournament held on a thousand-acre plot out in the sticks of southern Indiana. Twenty fighters. One wire-fence ring. Fight until only one man is left standing while a rowdy festival of onlookers—drunk and high on whatever's on offer—bet on the fighters. Jarhead is a desperate man who'd do just about anything to feed his children. He's also the toughest fighter in southeastern Kentucky, and he's convinced that his ticket to a better life is one last fight with a cash prize so big it'll solve all his problems. Meanwhile, there's Chainsaw Angus—an undefeated master fighter who isn't too keen on getting his face punched anymore, so he and his sister, Liz, have started cooking meth. And they get in deep. So deep that Liz wants it all for herself, and she might just be ready to kill her brother for it. One more showdown to take place at the Donnybrook. As we travel through the backwoods to get to the Donnybrook, we meet a cast of nasty, ruined characters driven to all sorts of evil, all in the name of getting their fix—drugs, violence, sex, money, honor. Donnybrook is exactly the fearless, explosive, amphetamine-fueled journey you'd expect from Frank Bill's first novel . . . and then some.

Donnybrook

Before *The Matrix*, before *Star Wars*, before *Ender's Game* and *Neuromancer*, there was *Dune*: winner of the prestigious Hugo and Nebula awards, and widely considered one of the greatest science fiction novels ever written. Melange, or 'spice', is the most valuable - and rarest - element in the universe; a drug that does everything from increasing a person's life-span to making interstellar travel possible. And it can only be found on a single planet: the inhospitable desert world Arrakis. Whoever controls Arrakis controls the spice. And whoever controls the spice controls the universe. When the Emperor transfers stewardship of Arrakis from the noble House Harkonnen to House Atreides, the Harkonnens fight back, murdering Duke Leto Atreides. Paul, his son, and Lady Jessica, his concubine, flee into the desert. On the point of death, they are rescued by a band of Fremen, the native people of Arrakis, who control Arrakis' second great resource: the giant worms that burrow beneath the burning desert sands. In order to avenge his father and retake Arrakis from the Harkonnens, Paul must earn the trust of the Fremen and lead a tiny army against the innumerable forces

aligned against them. And his journey will change the universe.

Dune

Interspersed is the gripping tale of the 1976 presidential campaign when Church, the \"late, late candidate,\" upset frontrunner Jimmy Carter in several key primaries.

Fighting the Odds

\"The Last British Bullfighter\" tells the astonishing story of Frank Evans, the only recognized British matador. The son of a Salford butcher, Frank Evans' dream began after he'd saved enough money to attend a wedding in Spain. He was so entranced by life there that he remained, earning a living as a waiter before finally getting his first chance to enter the arena in 1966 as a rookie matador in the closed world of Franco's Spain. Frank went on to gain the widespread admiration of his fellow matadors, critics and audiences, who nicknamed him \"El Ingles.\" After four decades of blood, guts, passion, and artistry (not to mention foot-long welts and a perforated buttock), he was forced to retire in 2005 with a shot knee and a failing heart. But retirement didn't suit Evans, despite being a successful businessman away from the ring, and so after a quadruple bypass and reconstructive knee surgery, he again donned his cape at the age of 65 and, incredibly, stepped back into the ring. He has vowed to stay there until he can no longer lift the sword. Evans has lived a colorful life in and out of the arena. This is a fascinating insight into the sport, with its ritual, drama, protocol, and politics, but it is also the story of a lad from Salford who ran away to fulfill a dream he is still living four decades later. \"

The Last British Bullfighter

The suspense is bone-chilling when you realize the monsters are real . . . Miles away from the hectic city, Reed and Rebecca hike into the beautiful Northwester woods. They are surrounded by gorgeous mountains, waterfalls, and hundreds of acres of unspoiled wilderness. During their first night camping, an unearthly wail pierces the calm of the forest. Then something emerges from the dense woods. Everything that follows is a blur to Reed—except the unforgettable image of a huge creature carrying his wife into the darkness. Enter into deep wilderness where the rules of civilization no longer apply. A world where strange shadows lurk. Where creatures long attributed to overactive imaginations and nightmares are the hunters . . . and people are the hunted. New York Times bestseller Full length, standalone novel Includes discussion questions for book clubs

Monster

The issue of Muslim reactions to the Franks has been an important part of studies of both the Crusades and Islamic History, but rarely the main focus. This book examines the reactions of the Muslims of the Levant to the arrival and presence of the Franks in the crusading period, 1097-1291, focussing on those outside the politico-military and religious elites. It provides a thematic overview of the various ways in which these 'non-elites' of Muslim society, both inside and outside of the Latin states, reacted to the Franks, arguing that it was they, as much as the more famous Muslim rulers, who were initiators of resistance to the Franks. This study challenges existing views of the Muslim reaction to the crusaders as rather slow and demonstrates that jihad against the Franks started as soon as they arrived. It further demonstrates the difference between the concepts of jihad and of Counter-Crusade, and highlights two distinct phases in the jihad against the Franks: the 'unofficial jihad' - that which occurred

before uniting of religious and political classes - and the 'official jihad' - which happened after and due to this unification, and which has formed the basis of modern discussions. Finally, the study also argues that the Muslim non-elites who encountered the Franks did not always resist them, but at various times either helped or were unresisting to them, thus focussing attention away from conflict and onto cooperation. In considering Muslim reactions to the Franks in the context of wider discourses, this study also highlights aspects of the nature of Islamic society in Egypt and Syria in the medieval period, particularly the non-elite section of society, which is often ignored. The main conclusions also shed light on discourses of collaboration and resistance which are currently focussed almost exclusively on the modern period or the medieval west.

Popular Muslim Reactions to the Franks in the Levant, 1097-1291

The 22nd book in the New York Times bestselling series of biographies about heroes tells the story of Anne Frank, the young Jewish girl who documented her life while hiding from the Nazis during World War II. (Cover may vary) This engaging biography series focuses on the traits that made our heroes great--the traits that kids can aspire to in order to live heroically themselves. Each book tells the story of an icon in a lively, conversational way that works well for the youngest nonfiction readers. At the back are an excellent timeline and photos. This volume features Anne Frank, whose courage and hope during a time of terror are still an inspiration for people around the world today. While Anne and her family hid in an attic during the Holocaust, she kept a journal about all her hopes and fears and observations. That journal and the story of her life are still read and told today to remember the life of a young girl and warn against the consequences of bigotry. This friendly, fun biography series inspired the PBS Kids TV show Xavier Riddle and the Secret Museum. One great role model at a time, these books encourage kids to dream big. Included in each book are:

- A timeline of key events in the hero's history
- Photos that bring the story more fully to life
- Comic-book-style illustrations that are irresistibly adorable
- Childhood moments that influenced the hero
- Facts that make great conversation-starters
- A virtue this person embodies: Anne Frank's unwavering hope is central to this biography

You'll want to collect each book in this dynamic, informative series!

I am Anne Frank

In July 1942, thirteen-year-old Anne Frank and her family, fleeing the occupation, went into hiding in an Amsterdam warehouse. Over the next two years Anne vividly describes in her diary the frustrations of living in such close quarters, and her thoughts, feelings and longings as she grows up. Her diary ends abruptly when, in August 1944, they were all betrayed. First published over sixty years ago, Anne Frank's *Diary of a Young Girl* has reached millions of young people throughout the world. BBC TV's major new dramatization brings her extraordinary writing to life in a way that will engage and inspire a whole new generation. 'One of the greatest books of the last century' - Guardian

The Diary of a Young Girl

Frank G. Tinker, Jr., a U.S. Naval Academy graduate, Class of 1933, flew in combat with Soviet airmen during the Spanish Civil War (1936-39). Flying with the Spanish Republican Air Force, he was the top American ace during the Spanish Civil War. This biography deals with his experience in combat, culminating with Tinker commanding a Soviet squadron and terminating his contract with the government of Spain. After returning to the United States, he wrote a memoir about fighting for Republican Spain and later died under mysterious circumstances in Little Rock in June 1939. While there

have been other books about the air war during the Spanish Civil War, this book differs from the preceding ones on two counts. First, it is the complete biography of a most colorful and uncommon young man—based not only on his memoir, but on Tinker family papers and his own personal records. Through sheer perseverance, he rose from a teenage enlisted seaman, through the U.S. Naval Academy, to the officer’s wardroom—then pressed on to claim the wings of a naval aviator and become a superlative fighter pilot and a published author. More unusual still, he possessed extraordinary people skills—skills that allowed him to deal and move with relative ease among Navy compatriots, foreign combat pilots, left-wing literati in Madrid and Paris, and the rural folk of Arkansas, Mississippi, and Louisiana, who embraced him as “one of their own.” While in Spain, Tinker socialized with Ernest Hemingway, Robert Hale Merriman, the leader of the American Volunteers of the Lincoln Brigade and his successor Milton Wolff, who led the 15th International Brigade during the Battle of the Ebro. All this he managed before his death at age twenty-nine. Second, the book focuses on the aerial tactics introduced in the Spanish Civil War that became standard military practice a few years later in World War II. Included are descriptions of the German introduction of the “Finger Four” fighter formation that replaced the “V of three or four” formation then in vogue; the first use of military airlift to move large numbers of troops and equipment into combat; the greater accuracy and destructiveness of dive bombers vice high altitude bombers; perfection of the “silent approach” used by high altitude bombers before the introduction of radar early warning; and air intelligence reports that asserted daylight high altitude bombers could not “get through” and return from enemy territory successfully without the protection of fighter cover. U.S. Army Air Corps leaders at that time had fashioned a doctrine that the high speed, high altitude, “self-defending” daylight bomber would always get through, and rejected these intelligence reports—at a subsequent cost in lives of hundreds of high altitude bomber aircrews in Europe in World War II.

Five Down, No Glory

“You’re nothing but trouble...” “You’ll never amount to anything...” YOU WILL PROVE THEM WRONG Nothing comes easy for Diana Guzman. She’s in trouble at school, her father underestimates her, and her friends are few. Then, in a gritty Brooklyn gym, she discovers the secret world of boxing. Day by day, as she trains in secret, she finds an outlet for all her anger, energy, and frustration. And Adrian, a handsome young boxer with dreams of his own, is soon part of the attraction. Now Diana is feeling something new -- confidence, pride, respect. She’s standing a little bit taller, and in the blood, sweat, and roar of the ring, she’s going the distance. But the cost of winning may be the love she has just begun to taste...

Girlfight

“An extraordinary real picture of human beings numbed by catastrophe but still driven by the unconquerable determination of living creatures to keep on being alive.” —The New Yorker “Alas, Babylon.” Those fateful words heralded the end. When the unthinkable nightmare of nuclear holocaust ravaged the United States, it was instant death for tens of millions of people; for survivors, it was a nightmare of hunger, sickness, and brutality. Overnight, a thousand years of civilization were stripped away. But for one small Florida town, miraculously spared against all the odds, the struggle was only just beginning, as the isolated survivors—men and women of all ages and races—found the courage to come together and confront the harrowing darkness. This classic apocalyptic novel by Pat Frank, first published in 1959 at the height of the Cold War, includes an introduction by award-winning science fiction writer and scientist David Brin.

Alas, Babylon

Ten hard-as-nails women face off in an ancient contest of champions where the winner truly takes all: the title of “Queen of the Galaxy.” To win the challenge each contestant must survive the hazards of the planet’s harsh landscape, the ferocious predators on and below its surface, and their fellow contestants. This edition of the contest has a twist: one of the contestants is an infiltrator who has her eye on something bigger than the prize. Who is she and what does she really want?

Fight Girls

A very rare WWII combative, \"How to Fight Tough\"

How to Fight Tough

For fans of Band of Brothers and Masters of the Air, Blue Man Falling brings to life the exhilaration and fear of aerial warfare with astonishing power and narrative skill. Above all, Frank Barnard lays bare the meaning of war, and the selflessness of those prepared to fight until the end. In September 1939, war is declared and Europe holds its breath. For RAF fighter pilots patrolling the Franco-German border, it is a bizarre time: one moment they are chasing an elusive Luftwaffe, the next ordering champagne in Paris. Then, in May 1940, Hitler launches Blitzkrieg, and the Hurricane squadrons find themselves engulfed in battle. Blue Man Falling follows the fortunes of two RAF pilots: Englishman Kit Curtis, and American Ossie Wolf, who clash not only with Germans, but also with each other, fighting for different reasons and employing different methods as France collapses and the Allies face humiliation and defeat. They also encounter the insidious Fifth Column, the enemy within, and those intent on profiting from chaos... What readers are saying about Blue Man Falling: 'Brilliantly conceived and superbly written. There is humour and a fascination throughout. Without doubt this is a must-read book - one that grips you from start to finish' 'Captures the harrowing, insidious shadow of despair that swept across France and the civilised world in the wake of Blitzkrieg. Each character is drawn with touching, intimate detail and it is the many finely portrayed action scenes that gives this novel a life of its own' 'Takes you to another world effortlessly. Pacy, gripping and full of unexpected twists and turns'

Blue Man Falling

Are you part of the 70% of Americans that stressed and sick of it?! The American Psychological Association found that stress is a leading cause of many chronic diseases including high blood pressure and cardiovascular diseases. While stress is a part of most American's lives, being caused by work, money, relationships, family, and health, only 30% of Americans believe they are effectively managing stress. Imagine...

* Knowing how to manage a stressful event so you can keep calm and move on.*

Reducing your stress without taking medications or paying for costly doctors visits. *

Reducing your blood pressure and risk for cardiovascular disease.* Finally getting amazing restful sleep and waking up refreshed and alert.* Taking your health and wellbeing into your own hands and WINNING!!!!

In Stress the Silent Killer, you will learn:

* What stress is.* The two types of stress.* The health impact of stress.* 5 stress management techniques you can do NOW at home* A week by week plan for implementing those techniques.

Rachel Frank is a Board Certified Holistic Health Coach with advanced certification in medical meditation and stress management. She holds a Master of Science in Psychology and is a PhD candidate in Health Psychology. She has applied these techniques in both her own life and her clients' lives being called a touchstone for those around her. Join Rachel and her clients in taking control of stress

and fight back today using the 5 week training program in Stress the Silent Killer.

Stress the Silent Killer

Part bestiary, part litany, part elegy, Rebecca Morgan Frank's *Oh You Robot Saints!* is populated by a strange menagerie of early automata and robots, including octobots and an eighteenth-century digesting duck, set alongside medieval mechanical virgins and robot priests. From a riveting robobee sonnet sequence that links weapons of war and industrial fixes for infertility to a microdrama sketching out a missing Sophocles play on the mythical bronze man, Talos, these muscular poems blur and sing the lines between machines and the divine. This lyrical exploration of the ongoing human desire to create life navigates wonder and grief, joining the uncanny investigation of what it is to be, to make, and to be made.

Oh You Robot Saints!

A Finalist for the NAACP Image Award A Finalist for the Hurston/Wright Legacy Award for Nonfiction A Finalist for the Thurber Prize for American Humor Longlisted for the PEN/Diamonstein-Spielvogel Award for the Art of the Essay An NPR Best Book of the Year A Washington Independent Review of Books Favorite of the Year From the host of podcast "Stuck with Damon Young," cofounder of VerySmartBrothas.com, and one of the most read writers on race and culture at work today, a provocative and humorous memoir-in-essays that explores the ever-shifting definitions of what it means to be Black (and male) in America For Damon Young, existing while Black is an extreme sport. The act of possessing black skin while searching for space to breathe in America is enough to induce a ceaseless state of angst where questions such as "How should I react here, as a professional black person?" and "Will this white person's potato salad kill me?" are forever relevant. *What Doesn't Kill You Makes You Blacker* chronicles Young's efforts to survive while battling and making sense of the various neuroses his country has given him. It's a condition that's sometimes stretched to absurd limits, provoking the angst that made him question if he was any good at the "being straight" thing, as if his sexual orientation was something he could practice and get better at, like a crossover dribble move or knitting; creating the farce where, as a teen, he wished for a white person to call him a racial slur just so he could fight him and have a great story about it; and generating the surreality of watching gentrification transform his Pittsburgh neighborhood from predominantly Black to "Portlandia . . . but with Pierogies." And, at its most devastating, it provides him reason to believe that his mother would be alive today if she were white. From one of our most respected cultural observers, *What Doesn't Kill You Makes You Blacker* is a hilarious and honest debut that is both a celebration of the idiosyncrasies and distinctions of Blackness and a critique of white supremacy and how we define masculinity.

A Penguin in a Sparrow's Nest

What Doesn't Kill You Makes You Blacker

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