

Weight Watchers Smart Points Program

WW International

developed Weight Watchers "Smart Ones" frozen meals. In 1997, to replace its previous system of counting and weighing food, Weight Watchers introduced

WW International, Inc., formerly Weight Watchers International, Inc., is a global company headquartered in the U.S. that offers weight loss and maintenance, fitness, and mindset services such as the Weight Watchers comprehensive diet program. Founded in 1963 by Queens, New York City homemaker Jean Nidetch, WW's program has three options as of 2019: online via its mobile app and website, coaching online or by phone, or in-person meetings.

In 2018, the company rebranded to "WW" to reflect "its development from focusing on weight loss to overall health and wellness."

Weight Watchers (diet)

Weight Watchers or WW is a commercial program for weight loss based on a point system, meals replacement and counseling. The Weight Watchers diet tries

Weight Watchers or WW is a commercial program for weight loss based on a point system, meals replacement and counseling.

Smartwatch

"Sony Smart Watch 2 Review- Uber Smart Watch – Uber Smart Watch – Samsung Galaxy Gear – Android Smart Watches – Sony Smart Watches";. Uber Smart Watch. Archived

A smartwatch is a portable wearable computer that resembles a wristwatch. Most modern smartwatches are operated via a touchscreen, and rely on mobile apps that run on a connected device (such as a smartphone) in order to provide core functions.

Early smartwatches were capable of performing basic functions like calculating, displaying digital time, translating text, and playing games. More recent models often offer features comparable to smartphones, including apps, a mobile operating system, Bluetooth and Wi-Fi connectivity, and the ability to function as portable media players or FM radios. Some high-end models have cellular capabilities, allowing users to make and receive phone calls.

While internal hardware varies, most smartwatches have a backlit LCD or OLED electronic visual display and...

Nutritional rating systems

Made Simple! (1990–2010)";. Nutripoints.com. "The WeightWatchers behavioral points program";. WeightWatchers International, Inc. 2024. Retrieved 23 June 2024

Nutritional rating systems are used to communicate the nutritional value of food in a more-simplified manner, with a ranking (or rating), than nutrition facts labels. A system may be targeted at a specific audience. Rating systems have been developed by governments, non-profit organizations, private institutions, and companies. Common methods include point systems to rank (or rate) foods based on general nutritional value or ratings for specific food attributes, such as cholesterol content. Graphics and symbols may be used to communicate the nutritional values to the target audience.

Surveillance issues in smart cities

Smart cities seek to implement information and communication technologies (ICT) to improve the efficiency and sustainability of urban spaces while reducing

Smart cities seek to implement information and communication technologies (ICT) to improve the efficiency and sustainability of urban spaces while reducing costs and resource consumption. In the context of surveillance, smart cities monitor citizens through strategically placed sensors around the urban landscape, which collect data regarding many different factors of urban living. From these sensors, data is transmitted, aggregated, and analyzed by governments and other local authorities to extrapolate information about the challenges the city faces in sectors such as crime prevention, traffic management, energy use and waste reduction. This serves to facilitate better urban planning and allows governments to tailor their services to the local population.

Such technology has been implemented...

Pulse watch

and sent to their physicians for the purpose of weight management. Wearable devices which use pulse watch mechanisms are also used in the management of

A pulse watch, also known as a pulsometer or pulsograph, is an individual monitoring and measuring device with the ability to measure heart or pulse rate. Detection can occur in real time or can be saved and stored for later review. The pulse watch measures electrocardiography (ECG or EKG) data while the user is performing tasks, whether it be simple daily tasks or intense physical activity. The pulse watch functions without the use of wires and multiple sensors. This makes it useful in health and medical settings where wires and sensors may be an inconvenience. Use of the device is also common in sport and exercise environments where individuals are required to measure and monitor their biometric data.

Virtual assistant

2001 Colloquis publicly launched SmarterChild, on platforms like AIM and MSN Messenger. While entirely text-based SmarterChild was able to play games, check

A virtual assistant (VA) is a software agent that can perform a range of tasks or services for a user based on user input such as commands or questions, including verbal ones. Such technologies often incorporate chatbot capabilities to streamline task execution. The interaction may be via text, graphical interface, or voice - as some virtual assistants are able to interpret human speech and respond via synthesized voices.

In many cases, users can ask their virtual assistants questions, control home automation devices and media playback, and manage other basic tasks such as email, to-do lists, and calendars - all with verbal commands. In recent years, prominent virtual assistants for direct consumer use have included Apple Siri, Amazon Alexa, Google Assistant, and Samsung Bixby. Also, companies...

Professional Fighters League

any points, even if they win their fight. Win: 3 points Loss: 0 Points Failure to make weight at Weigh Ins: -1 point (and cannot earn any points from

The Professional Fighters League (PFL) is an American mixed martial arts league founded by venture capitalist Donn Davis in 2017 and launched in 2018, following the acquisition and restructuring of the former World Series of Fighting (WSOF) promotion in 2017 by MMAX Investment Partners. It is the first major MMA organization in which individual athletes compete in a regular season, post-season and championship, rather than on a year-round basis.

The PFL currently puts on fights across six weight-divisions: featherweight, women's lightweight, lightweight, welterweight, light heavyweight and heavyweight. In addition to this, there is also a ‘Super Fight’ division, which is not defined by weight, but instead is based on the status and name value of individuals who compete in it. The PFL's matches...

JR Cawaling

his team won. From there, he became a member of the national team program, dubbed "Smart Gilas Pilipinas". He represented the country in the 2009 FIBA Asia

Ricardo "JR" Cawaling Jr. (born August 15, 1987) is a Filipino basketball coach and former professional player. He was drafted 30th overall by the San Mig Coffee Mixers in the 2013 PBA draft.

He is known as a three-point shooter. He was aliased "Aye Aye Captain" during his ABL years and "The Sweet Shooter" in his PBA career.

Cade Cunningham

highest-ranked committed recruit in program history and the first five-star recruit to join Oklahoma State since Marcus Smart in 2012. In June 2020, the NCAA

Cade Parker Cunningham (born September 25, 2001) is an American professional basketball player for the Detroit Pistons of the National Basketball Association (NBA). He attended Bowie High School in his hometown of Arlington, Texas, before transferring to Montverde Academy in Florida, where he was rated a consensus five-star recruit and among the top players in the 2020 class by major recruiting services. As a senior, he led one of the best high school teams in history and received national player of the year recognition.

Cunningham committed to playing college basketball for the Oklahoma State Cowboys, and was named a consensus first-team All-American and Big 12 Player of the Year after his freshman season with the team. He won a gold medal with the United States at the 2019 FIBA Under-19 World...

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